

Foundation

Unit 1: Careful Thinking Foundations | Lesson 1



Essential Question

- What is the relationship between Christians and careful thinking?



Learning Outcome

By the end of this lesson you should be able to

- use Scripture to explain whether Christians should spend time learning to think carefully.

Warm-Up Thoughts

Draw a picture that represents thinking.

A large, empty rectangular box with a black border, intended for drawing a picture that represents thinking.

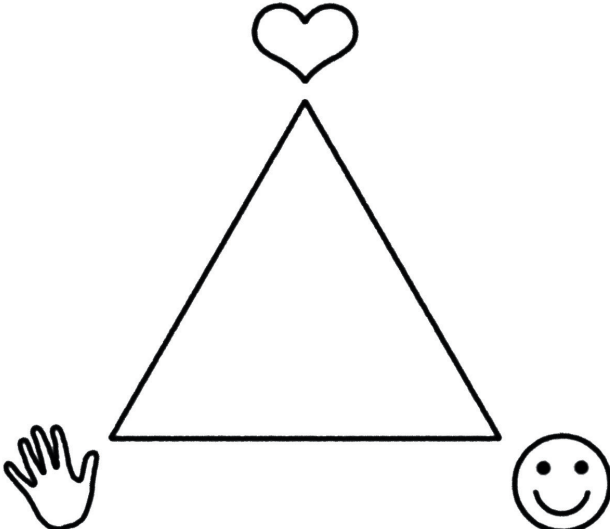
What are your thoughts about Christians and thinking? What is the relationship between Christians and careful thinking?

Read Mark 12:28–31

According to this passage, how are we to love God?

What is the connection between this passage and thinking?

Head-Heart-Hands



Excelling Exercise

Write a list or draw pictures of things you are good at.

Choose two items from your list. Write each item on one of the lines below. Then explain how you came to excel in each area.

- o I became good at _____
by _____

- o I became good at _____
by _____

Write a list of different parts involved when you practice one of these skills.

- o _____
- o _____
- o _____
- o _____
- o _____

What is the connection between the process of excelling in these skills and thinking well? If we want to learn to think well, what must we do?



Know It and Show It

Based on all we learned today, what are your thoughts on Christians and thinking? Should Christians spend time learning to think well? Use Scripture to explain your response.
